## Neurodiversity Celebrates the Many Ways Individuals:

Think uniquely Learn differently Sector Experience the world in their own way

Let's Play the Bingo Card!
Spark conversations
Bust myths
Promote inclusion
Complete 4 actions to win—and most importantly!
Have fun celebrating Neurodiverse minds!

Ask a colleague how they like to work best	Learn about a famous Neurodiverse person and share their story	Name two celebrities who openly discuss their Neurodiversity	Recommend a book, podcast, or video about Neurodiversity to someone
Go for a walk with a friend and chat about how movement can help focus	Talk about Neuro- inclusive workplace adjustments	Invite someone to take a break and chat about how they work best	Share your top tips for creating an inclusive space using #NeurodiversityMat ters
Talk about how overstimulation can affect focus and well-being	Start a conversation about strengths that come with Neurodiversity	DIVERGENTHINKIND	Run a Neurodiversity myth-busting quiz
Put up a Neurodiversity poster in your community or workplace	Share a cup of coffee/tea with a friend & talk about different ways of thinking	Share something new you've learned about Neurodiversity	Play a game & talk about how Neurodiverse minds can think outside the box
FRI M Ne	arch 17-24 urodiversity elebration Week		